## **BEAR RIVER AREA ACCESS AND MOBILITY COUNCIL**

What is MOBILITY?

"THE QUALITY OF MOVING FREELY". To move around and get to the places you want and need to go.

What transportation options exist in your city to mobilize people with limited abilities (older adults & those with disabilities) or low income? Some ideas:

Volunteer transportation
Walking/biking paths
Vehicle sharing program
Bring services to YOUR city
Coordination with other cities
Encourage work-at-home
opportunities
Help needy find in-home services
Post helpful information and
community resources on city website

Bear River Association of Governments 170 North Main, Logan UT 84321 435-752-7242 www.brag.utah.gov Zac Covington, Mobility Manager Allison Richman, Mobility Specialist

bearrivermobility.org

## How accessible is your CITY?

Can people of all abilities safely enter and utilize your city buildings, businesses, churches and parks?

- Is accessibility maintained even in bad weather?
- Do crowds change the accessibility?
- Does time of day change the accessibility?

# What's the plan?

Even if your city falls short of great access and mobility opportunities now, planning to incorporate changes is vital.

- Can a committee be called to focus on these issues, set goals and make changes.
- Survey residents in a monthly newsletter and request response be included with bill payment.
- Enlist the help of scout groups, Lion's Club etc.
- Create a list of needy individuals and make contact with them to learn of their needs & current support.
- Publicly recognize businesses that address access and mobility.
- Ask BRAG for resources to possible grants and loans for future projects.

One step at a time...







# Bear River Association of Governments Medical Voucher Program

Research in the three county Bear River Area has confirmed that transportation options in rural areas are limited and many low-income older adults and disabled individuals are unable to make it to their medical appointments. We have created a program which allows participants to retain their independence and ability to choose the transportation service that best suits their needs. The MVP program will reimburse volunteer drivers, friends, family members or neighbors for rides in private vehicles.



Tremonton Sr. Center 435-257-9455 Cache Senior Center 435-755-1720 Options for Independence 435-753-5353

North Cache Senior Support Program 435-258-5012 Agency on Aging 435-752-7242 Rich Co. Sr. Ctr. 435-793-2122





# Eligibility for Program

Participants must meet 5 criteria in order to be involved in this mileage reimbursement program:

- 1. Low Income
- 2. Disabled or Elderly with mobility/health issues
- 3. Must not live in area where transportation is available.
- 4. Use vouchers for medical trips
- 5. Must not be receiving other transportation funding

# If you need help...

Contact one of the agencies listed that you may be affiliated with or call BRAG at 435-752-7242. Attending your medical appointment is too important to miss. Let our program help you get there.

# BRAG Programs Overview

Program, Street	Service Offered	Income Eligibility	Long,term?	Age?	- Age?   Contact   Phone	Phone
Section 8 Housing	Ongoing rental assistance vouchers for low income.	50% of AMI	May be onging if needed.	18 +	Kent Watson	713-1410
First Time Homebuyer Program	Downpaymt./closing. Financial education & referral.	80% of AMI	For first home downpayment only.	18 +		713-1402
Weatherization	Furnace repair or replaced, insulation, windows.	150% of poverty	Generally one time.	18+	Lorin Kowallis	713-1451
H.E.A.T (Home Energy Assistance Target)	Financial help with Utilities Nov. to April each year.	150% of poverty	One time help every 12 months.	18+	Susan Guy	713-1440
Major Home Repair	Home repairs.	80% of AMI	One time low- interest loans.	18+	Jeff Kearl	713-1422
Emergency Home Repair	Needed repairs that threaten safety of home dwellers.	80% of AMI	One time grants up to \$2000.	18+	Jeff Kearl	713-1422
Continuum of Care	Rent assist. For women of documented domestic violence.	125% of poverty	3 to 8 months.	Open	Stefanie Jones	713-1432
Aging Medicaid Waiver Program	Home health and services to help remain independent.	Medicaid Eligible	Yes.	65 +		713-1463
Alternatives	Home health and services to help remain independent.	150% of poverty	Yes.	18+		
Caregiver Support	Support Groups, family training, and resources.	none	1 year.	CG or CR over 60	Deborah Crowther	713-1462
Brogram:	Service Offered	Income Eligibility	<u> </u>		Contact	Phone
Ombudsman	Advocate, Educate and Mediate for Seniors living in Facilities.	none	Per incident.	60+	Deborah Crowther	713-1462
New Choices Waiver	Help to reside independently in the community.	Medicaid Eligible	After 90 day nursing home stay.	over 21	Melissa L Shanna A	713-1463
Economic Planning and Development	Assist. To area communities for grant seeking and planning	All BRAG communities			Brian C. Zac C.	713-1420 713-1423

	Business consulting re:	•	May be onging if			
B.E.A.R.	disabilities, local laws and more		needed.		Paul D. and 713-1429	713-1429
Medical Voucher Program, lappts.	Reimburse mileage to medical mileage to medical mileage.	below 150% poverty   400\$ per year		60#/or	60#/or Zac C⊙or 743≛1423 disabled Allison R → 743±1424	713-1423
Mobility Voucher Program Mileage reir for Eamilies	Mileage reimburse for rural families, bettering themselves.			Parents , w/child	Zac C. or 713-1423 Allison R. 713-1424	713-1423
Bear River Heritage Area	Restoration and Preservation of History of Area				Lisa D. Goede	713-1426
Emergency Homelessness Prevention w/children i	Emergency help if evicted w/children in household	below 125% poverty Per incident.		Parents w/child	Laura Nyberg	713-1433
VITA	Volunteer Income Tax Assistance Jan- April	income less than \$53,000	Yearly	all ages	Janice	713-1431
Senior Companions	Companion services, visiting, transport, non-medical friend.	Clients any income. Volunt. Low income Yes.		clients18+ vol. 55+	Debra S.	713-1467

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